



CHAMPIONSHIPS REGULATIONS

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BALKAN ATHLETICS CHAMPIONSHIPS

The Championships will be staged on two days every year. The date shall be proposed by the candidate country and must be approved by the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

1.1. Programme:

1.1.1. The programme shall comprise the below-mentioned track and field events and the recommended order be as follows:

First Day		Second Day	
Men	Women	Men	Women
400m Hurdles	400m Hurdles	110m Hurdles	100m Hurdles
100m	100m	800m	1500m
400m	400m	200m	200m
1500m	800m	3000m Steeple	5000m
5000m	3000m Steeple	3000m	
	3000m		
4x100m relay	4x100m relay	4x400m relay	4x400m relay
4x400m mix Relay			

First Day		Second Day	
Men	Women	Men	Women
High Jump	Pole Vault	Pole Vault	High Jump
Long Jump	Triple Jump	Triple Jump	Long Jump
Shot Put	Discus Throw	Discus Throw	Shot Put
Hammer Throw	Javelin Throw	Javelin Throw	Hammer Throw

1.1.2. The programme shall comprise Combined Events as well, held over the two days: Decathlon for the men and Heptathlon for the women.

1.2. Entries:

1.2.1. The Championships is an individual competition. Team Medal tables shall be made.

1.2.2. Each Regular Balkan Member may compete with two athletes per event and one team in each relay.

1.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from other Federations may participate out-of-competition if previously approved by the BA General Secretary and confirmed by the appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals, they can compete only in the first three rounds of trials in field events except high jump and pole vault, and they cannot participate in the jump-off or participate in any round of competition except the first round.

1.2.4. Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31. December of the year of the competition may participate in the Balkan Athletics Championships.

1.2.5. Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).

- 1.2.6. Preliminary entries: Not later than 1 (one) month before the date of the first day of the Balkan Athletics Championships, each Member Federation shall send to the hosting country and BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 1.2.7. Final Entries: Not later than 8 (eight) days before the date of the first day of the Balkan Athletics Championships, each Federation shall send to the hosting country and BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 1.2.8. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. The final confirmation deadline can be the time of the technical meeting.
- 1.2.9. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete or €20 per relay team, payable to the Organising Federation.
- 1.2.10. There will be minimum performance and quota standards for entry to the Balkan Athletics Championships. The standard must be achieved in bona fide competition approved by World Athletics (either indoors or outdoors) between 1st April in the previous year and the deadline for the Final entries. All athletes achieving the minimum performance standard and if they are in the event quota may participate in the Balkan Athletics Championships. Technical Delegate may allow athletes without minimum performance to enter the event if the event quota is not full. Technical Delegate may allow an additional number of athletes over the event quota to compete if technical conditions allow such entries.
- 1.2.11. Each Member Federation shall have a guaranteed number of 2 men and 2 women athletes to be allowed to take part in the Balkan Athletics Championships, even though have not achieved the entry standards. If Member Federation enter 1 (one) men/women with entry standard, they can enter only 1 (one) men/women without entry standard. If Member federation enters 2 (two) or more men/women with entry standard, they cannot enter any men/women without entry standard.

1.3. Financial Obligations:

- 1.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 3 nights of a maximum of 9 persons, which is 7 athletes and 2 officials in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.
- 1.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.
- 1.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.
- 1.3.4. The visiting delegations shall pay their travel expenses in both directions.
- 1.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.
- 1.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the

organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.

- 1.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.
- 1.3.8. The travelling expenses of Balkan Athletics President, General Secretary and Technical Delegate, including a site visit, shall be covered by the BA.
- 1.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.
- 1.3.10. The hosting Federation will cover all expenses related to the doping control.

1.4. Awards:

- 1.4.1. First three placed athletes in each event shall receive medals.

1.5. Ceremonies:

- 1.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.
- 1.5.2. An Opening Ceremony shall be held on the first day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.
- 1.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.
- 1.5.4. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

1.6. Doping Control:

- 1.6.1. Doping control shall be conducted for 3 men and 3 women.
- 1.6.2. The Technical Delegate will decide, in accordance with WA Rules and Guidelines for Doping Control, which placings from which events are to be selected for doping control.
- 1.6.3. The host Federation must provide the technical and medical facilities to carry out the doping control.

1.7. Technical Aspects:

- 1.7.1. In the 100m event, both for men and women, there will be qualification round and final round. The qualification procedure to the final round shall be according to WA Competition Rules.
- 1.7.2. The allocation of lanes and the order of the competition in field events shall normally be determined according to the season bests of the participating athletes.
- 1.7.3. In the throwing events and the horizontal jumps, the athletes will have six attempts where there are eight competitors or fewer. Where there are more than eight athletes, each athlete shall be allowed three attempts and the eight athletes with best valid performances shall have three additional attempts in conformity with the WA Competition Rules.
- 1.7.4. Starting heights and the bar raising increments for high jump and pole vault shall be proposed at the Technical Meeting considering the season bests of the participating athletes. The decision taken at the Technical Meeting shall be final.

- 1.7.5. The Technical Meeting shall be held the day before and shall be chaired by the Technical Delegate.

1.8. Printed Materials and Announcements:

- 1.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of the BA General Sponsor.
- 1.8.2. In all competition related printed materials there must be a World Rankings Competitions Logo.
- 1.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.
- 1.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer on the Stadium. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.
- 1.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

1.9. Insurance:

- 1.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

2. BALKAN ATHLETICS INDOOR CHAMPIONSHIPS

The Championships will be staged in one day every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

2.1. Programme:

2.1.1. The programme shall comprise the below-mentioned events for both men and women:

60m, 400m, 800m, 1500m, 3000m, 4x400 relay, 60m hurdles, high jump, pole vault, long jump, triple jump, shot put.

2.2. Entries:

2.2.1. The Championships is an individual competition. Team Medal tables shall be made.

2.2.2. Each Regular Balkan Member may compete with two athletes per event and one team in each relay.

2.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals, they can compete only on the first three rounds of trials in field events except high jump and pole vault, they cannot participate in the jump-off or participate in any round of competition except the first round.

2.2.4. Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31 December of the year of the competition may participate in the Balkan Athletics Indoor Championships.

2.2.5. Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men).

2.2.6. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics Indoor Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.

2.2.7. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics Indoor Championships, each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.

2.2.8. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final conformation deadline can be the time of the technical meeting.

2.2.9. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete or €20 per relay team, payable to the Organising Federation.

2.2.10. There will be minimum performance and quota standards for entry to the Balkan Athletics Indoor Championships. The standard must be achieved in bona fide competition approved by World Athletics (either indoors or outdoors) between 1st January in the previous year and the deadline for the Final entries. All athletes achieving the minimum performance standard and if they are in the event quota may participate in the Balkan Athletics Indoor Championships. Technical Delegate may allow athletes without minimum performance to enter the event if event quota is not full. Technical Delegate may allow an additional number of athletes over the event quota to compete if technical conditions allow such entries.

2.2.11. Each Member Federation shall have a guaranteed number of 2 men and 2 women athletes to be allowed to take part in the Balkan Athletics Indoor Championships even though they have not achieved the entry standards. If Member Federation enter 1 (one) men/women with entry standard, they can enter only 1 (one) men/women without entry standard. If

Member federation enters 2 (two) or more men/women with entry standard, they cannot enter any men/women without entry standard.

2.3. Financial Obligations:

2.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 6 persons, which is 5 athletes and 1 official in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.

2.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.

2.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.

2.3.4. The visiting delegations shall pay their travel expenses in both directions.

2.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.

2.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.

2.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.

2.3.8. The travelling expenses of Balkan Athletics President, General Secretary and Technical Delegate, including a site visit, shall be covered by the BA.

2.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.

2.3.10. The hosting Federation will cover all expenses related to the doping control.

2.4. Awards:

2.4.1. First three placed athletes in each race shall receive medals.

2.5. Ceremonies:

2.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.

2.5.2. An Opening Ceremony shall be held on the day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.

2.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.

2.5.4. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

2.6. Doping Control:

2.6.1. Doping control shall be conducted for 2 male and 2 female athletes.

2.6.2. The Technical Delegate will decide, in accordance with WA Rules and Guidelines for Doping Control, which placings from which events are to be selected for doping control.

2.6.3. The hosting Federation must provide the technical and medical facilities to carry out the doping control.

2.7. Technical Aspects:

2.7.1. In the 60m event, both for men and women, there will be qualification round and final round. The qualification procedure to the final round shall be according to WA Competition Rules.

2.7.2. The allocation of lanes and the order of the competition in field events shall normally be determined according to the season bests of the participating athletes.

2.7.3. In the shot put and the horizontal jumps the athletes will have six attempts where there are eight competitors or fewer. Where there are more than eight athletes, each athlete shall be allowed three attempts and the eight athletes with best valid performances shall have three additional attempts in conformity with the WA Competition Rules.

2.7.4. Starting heights and the bar raising increments for high jump and pole vault shall be proposed at the Technical Meeting considering the season bests of the participating athletes. The decision taken at the Technical Meeting shall be final.

2.7.5. The Technical Meeting shall be held the day before and shall be chaired by the Technical Delegate.

2.8. Printed Materials and Announcements:

2.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of the BA General Sponsor.

2.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.

2.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.

2.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer on the Stadium. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.

2.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.

2.8.6. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

2.9. Insurance:

2.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

3. BALKAN ATHLETICS U20 CHAMPIONSHIPS

The Championships will be staged on one day every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

3.1. Programme:

3.1.1. The programme shall comprise the below-mentioned events:

U20 Men: 100m, 400m, 800m, 1500m, 3000m, 110m hurdles, 3000m steeple, 4x100m, high jump, long jump, triple jump, shot put, hammer throw, discus throw, javelin throw.

U20 Women: 100m, 400m, 800m, 1500m, 3000m, 100m hurdles, 2000m steeple, 4x100m, high jump, long jump, triple jump, shot put, hammer throw, discus throw, javelin throw.

3.2. Entries:

3.2.1. The Championships is an individual competition. Team Medal tables shall be made.

3.2.2. Each Regular Balkan Member may compete with two athletes per event and one team in per relay.

3.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals, they can compete only on the first three rounds of trials in field events except high jump and pole vault, they cannot participate in the jump-off or participate in any round of competition except the first round.

3.2.4. Only athletes aged at least 16 (sixteen) and not more than 19 (nineteen) years on 31 December of the year of the competition may participate in the Balkan Athletics U20 Championships.

3.2.5. Upon arrival, Team Leaders must present athletes' passports or other official documents indicating the year of birth, for them to be photocopied by the organisers.

3.2.6. Preliminary entries: Not later than 1 (one) month before the date of the first day of the Balkan Athletics U20 Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.

3.2.7. Final Entries: Not later than 8 (eight) days before the date of the first day of the Balkan Athletics U20 Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.

3.2.8. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final confirmation deadline can be the time of the technical meeting.

3.2.9. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete or €20 per relay team, payable to the Organising Federation.

3.2.10. There will be minimum performance and quota standards for entry to the Balkan Athletics U20 Championships. The standard must be achieved in bona fide competition approved by World Athletics (either indoors or outdoors) between 1st April in the previous year and the deadline for the Final entries. All athletes achieving the minimum performance standard and if they are in the event quota may participate in the Balkan Championships. Technical Delegate may allow athletes without minimum performance to enter the event if event quota is not full. Technical Delegate may allow an additional number of athletes over the event quota to compete if technical conditions allow such entries.

3.2.11. Each Member Federation shall have a guaranteed number of 2 men and 2 women athletes to be allowed to take part in the Balkan Athletics U20 Championships, even though they

have not achieved the entry standards. If Member Federation enter 1 (one) men/women with entry standard, they can enter only 1 (one) men/women without entry standard. If Member federation enters 2 (two) or more men/women with entry standard, they cannot enter any men/women without entry standard.

3.3. Financial Obligations:

3.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 9 persons, which is 7 athletes and 2 officials in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.

3.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.

3.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.

3.3.4. The visiting delegations shall pay their travel expenses in both directions.

3.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.

3.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.

3.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.

3.3.8. The travelling expenses of Balkan Athletics President, General Secretary and Technical Delegate, including a site visit, shall be covered by the BA.

3.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.

3.3.10. The hosting Federation will cover all expenses related to the doping control.

3.4. Awards:

3.4.1. First three placed athletes in each event shall receive medals.

3.5. Ceremonies:

3.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan

Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.

3.5.2. An Opening Ceremony shall be held on the day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.

3.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.

3.5.4. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

3.6. Doping Control:

3.6.1. Doping control shall be conducted for 3 male and 3 female athletes.

3.6.2. The Technical Delegate will decide, in accordance with WA Rules and Guidelines for Doping Control, which placings from which events are to be selected for doping control.

3.6.3. The host Federation must provide the technical and medical facilities to carry out the doping control.

3.7. Technical Aspects:

3.7.1. In the 100m event, both for men and women, there will be qualification round and final round. The qualification procedure to the final round shall be according to WA Competition Rules.

3.7.2. The allocation of lanes and the order of the competition in field events shall normally be determined according to the season bests of the participating athletes.

3.7.3. In the throwing events and the horizontal jumps, the athletes will have six attempts where there are eight competitors or fewer. Where there are more than eight athletes, each athlete shall be allowed three attempts and the eight athletes with best valid performances shall have three additional attempts in conformity with the WA Competition Rules.

3.7.4. Starting heights and the bar raising increments for high jump shall be proposed at the Technical Meeting considering the season bests of the participating athletes. The decision taken at the Technical Meeting shall be final.

3.7.5. The use of multiple take-off boards at the triple jump competitions shall be decided at the Technical Meeting according to such demands.

3.7.6. The height of the hurdles and the weight of the throwing implements will be according to the WA Rules.

3.7.7. The Technical Meeting shall be held the day before and shall be chaired by the Technical Delegate.

3.8. Printed Materials and Announcements:

3.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of the BA General Sponsor.

3.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.

3.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.

3.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer on the Stadium. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.

- 3.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.
- 3.8.6. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

3.9. Insurance:

- 3.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

4. BALKAN ATHLETICS U20 INDOOR CHAMPIONSHIPS

The Championships will be staged on one days every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

4.1. Programme:

The programme shall comprise the below-mentioned events for both men and women:

60m, 400m, 800m, 1500m, 3000m, 4x400 relay, 60m hurdles, high jump, pole vault, long jump, triple jump, shot put.

4.2. Entries:

- 4.2.1. The Championships is an individual competition. Team Medal tables shall be made
- 4.2.2. Each Regular Balkan Member may compete with two athletes per event and one team in each relay.
- 4.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals, they can compete only on the first three rounds of trials in field events except high jump and pole vault, they cannot participate in the jump-off or participate in any round of competition except the first round.
- 4.2.4. Only athletes aged at least 16 (sixteen) and not more than 19 (nineteen) years on 31 December of the year of the competition may participate in the Balkan Athletics U20 Indoor Championships.

Upon arrival, Team Leaders must present the passports or other official documents of the U18, U20 athletes indicating the year of birth, for them to be photocopied by the organisers.
- 4.2.5. Preliminary entries: Not later than (one) month before the date of the Balkan Athletics U20 Indoor Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 4.2.6. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics U20 Indoor Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 4.2.7. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final conformation deadline can be the time of the technical meeting.
- 4.2.8. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete or €20 per relay team, payable to the Organising Federation.
- 4.2.9. There will be minimum performance and quota standards for entry to the Balkan Athletics U20 Indoor Championships. The standard must be achieved in bona fide competition approved by World Athletics (either indoors or outdoors) between 1st January in the previous year and the deadline for the Final entries. All athletes achieving the minimum performance standard and if they are in the event quota may participate in the Balkan Championships. Technical Delegate may allow athletes without minimum performance to enter the event if event quota is not full. Technical Delegate may allow an additional number of athletes over the event quota to compete if technical conditions allow such entries.
- 4.2.10. Each Member Federation shall have a guaranteed number of 2 men and 2 women athletes to be allowed to take part in the Balkan Athletics U20 Indoor Championships, even though they have not achieved the entry standards. If Member Federation enter 1 (one) men/women with entry standard, they can enter only 1 (one) men/women without entry

standard. If Member federation enters 2 (two) or more men/women with entry standard, they cannot enter any men/women without entry standard.

4.3. Financial Obligations:

4.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 6 persons, which is 5 athletes and 1 official in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.

4.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.

4.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any person exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.

4.3.4. The visiting delegations shall pay their travel expenses in both directions.

4.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.

4.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.

4.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.

4.3.8. The travelling expenses of Balkan Athletics President, General Secretary and Technical Delegate, including a site visit, shall be covered by the BA.

4.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.

4.3.10. The hosting Federation will cover all expenses related to the doping control.

4.4. Awards:

4.4.1. First three placed athletes in each event shall receive medals.

4.5. Ceremonies:

4.1.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.

4.5.1. An Opening Ceremony shall be held on the day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.

- 4.5.2. At individual victory ceremonies, the first three placed athletes shall mount on the podium.
- 4.5.3. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

4.6. Doping Control:

- 4.6.1. Doping control shall be conducted for 2 male and 2 female athletes.
- 4.6.2. The Technical Delegate will decide, in accordance with WA Rules and Guidelines for Doping Control, which placings from which events are to be selected for doping control.
- 4.6.3. The hosting Federation must provide the technical and medical facilities to carry out the doping control in cooperation with the respective NADO.

4.7. Technical Aspects:

- 4.7.1. In the 60m event, both for men and women, there will be qualification round and final round. The qualification procedure to the final round shall be according to WA Competition Rules.
- 4.7.2. The allocation of lanes and the order of the competition in field events shall normally be determined according to the season bests of the participating athletes.
- 4.7.3. In the shot put and the horizontal jumps the athletes will have six attempts where there are eight competitors or fewer. Where there are more than eight athletes, each athlete shall be allowed three attempts and the eight athletes with best valid performances shall have three additional attempts in conformity with the WA Competition Rules.
- 4.7.4. Starting heights and the bar raising increments for high jump and pole vault shall be proposed at the Technical Meeting considering the season bests of the participating athletes. The decision taken at the Technical Meeting shall be final.
- 4.7.5. The Technical Meeting shall be held the day before and shall be chaired by the Technical Delegate.

4.8. Printed Materials and Announcements:

- 4.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of the BA General Sponsor.
- 4.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.
- 4.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.
- 4.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer on the Stadium. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.
- 4.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.
- 4.8.6. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

4.9. Insurance:

- 4.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

5. BALKAN ATHLETICS U18 CHAMPIONSHIPS

The Championships will be staged on one day every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

5.1. Programme:

The programme shall comprise the below-mentioned events:

Boys: 100m, 400m, 800m, 1500m, 3000m, 110m hurdles, 2000m steeple, 4x100m, high jump, long jump, triple jump, shot put, hammer throw, discus throw, javelin throw.

Girls: 100m, 400m, 800m, 1500m, 3000m, 100m hurdles, 2000m steeple, 4x100m, high jump, long jump, triple jump, shot put, hammer throw, discus throw, javelin throw.

5.2. Entries:

- 5.2.1. The Championships is an individual competition. Team Medal tables shall be made
- 5.2.2. Each Regular Balkan Member may compete with two athletes per event and one team in each relay.
- 5.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals, they can compete only on the first three rounds of trials in field events except high jump and pole vault, they cannot participate in the jump-off or participate in any round of competition except the first round.
- 5.2.4. Only athletes aged at least 16 (sixteen) and not more than 17 (seventeen) years on 31 December of the year of the competition may participate in the Balkan Athletics U18 Championships.
- 5.2.5. Upon arrival, Team Leaders must present athletes' passports or other official documents indicating the year of birth, for them to be photocopied by the organisers.
- 5.2.6. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics U18 Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 5.2.7. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics U18 Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 5.2.8. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final confirmation deadline can be the time of the technical meeting.
- 5.2.9. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete or €20 per relay team, payable to the Organising Federation.
- 5.2.10. There will be minimum performance and quota standards for entry to the Balkan Athletics U18 Championships. The standard must be achieved in bona fide competition approved by World Athletics (either indoors or outdoors) between 1st April in the previous year and the deadline for the Final entries. All athletes achieving the minimum performance standard and if they are in the event quota may participate in the Balkan Championships. Technical Delegate may allow athletes without minimum performance to enter the event if event quota is not full. Technical Delegate may allow an additional number of athletes over the event quota to compete if technical conditions allow such entries.
- 5.2.11. Each Member Federation shall have a guaranteed number of 2 men and 2 women athletes to be allowed to take part in the Balkan Athletics U18 Championships, even though they have not achieved the entry standards. If Member Federation enter 1 (one) men/women

with entry standard, they can enter only 1 (one) men/women without entry standard. If Member federation enters 2 (two) or more men/women with entry standard, they cannot enter any men/women without entry standard.

5.3. Financial Obligations:

- 5.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 10 persons, which is 8 athletes and 2 officials in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.
- 5.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.
- 5.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.
- 5.3.4. The visiting delegations shall pay their travel expenses in both directions.
- 5.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.
- 5.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.
- 5.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.
- 5.3.8. The travelling expenses of Balkan Athletics President and General Secretary shall be covered by the BA.
- 5.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.
- 5.3.10. The hosting Federation will cover all expenses related to the doping control.

5.4. Awards:

- 5.4.1. First three placed athletes in each event shall receive medals.

5.5. Ceremonies:

- 5.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.

5.5.2. An Opening Ceremony shall be held on the day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.

5.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.

5.5.4. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

5.6. Doping Control:

5.6.1. No doping controls will be conducted at the Balkan Athletics U18 Championships, unless requested by the European Athletics.

5.7. Technical Aspects:

5.7.1. The allocation of lanes and the order of the competition in field events shall be determined by draw. The draw shall be made together by the Competition Director and the relevant member of the Organising Board before the Technical Meeting.

5.7.2. In the throwing events and the horizontal jumps, the athletes will have six attempts where there are eight competitors or fewer. Where there are more than eight athletes, each athlete shall be allowed three attempts, and the eight scoring athletes with best valid performances shall have three additional attempts in conformity with the WA Competition Rules.

5.7.3. Starting heights and the bar raising increments for high jump and pole vault shall be proposed at the Technical Meeting considering the season bests of the participating athletes. The decision taken at the Technical Meeting shall be final.

5.7.4. The use of multiple take-off boards at the triple jump competitions shall be decided at the Technical Meeting according to such demands.

5.7.5. The height of the hurdles and the weight of the throwing implements will be according to the WA Rules.

5.7.6. The Technical Meeting shall be held the day before and shall be chaired by the Technical Delegate.

5.8. Printed Materials and Announcements:

5.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo.

5.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.

5.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.

5.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer on the Stadium. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.

5.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.

5.8.6. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

5.9. Insurance:

5.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

6. BALKAN ATHLETICS CROSS COUNTRY CHAMPIONSHIPS

The Championships will be staged on one day every year, ideally three weeks before the World or European Cross Country Championships. The date shall be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

6.1. Programme:

The races shall be held in principle in the following order. The distances should be approximately:

U20 Women	:	4 - 6 km
U20 Men	:	4 - 6 km
U23 Women	:	6 - 8 km
U23 Men	:	6 - 8 km
Senior Women	:	6 - 10 km
Senior Men	:	6 - 10 km

6.2. Entries:

- 6.2.1. The Championships is a team and individual competition. Team Medal and Team Placing tables shall be made.
- 6.2.2. Four (4) athletes from each Regular Balkan Member team may start in each race of whom the best three (3) will score.
- 6.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals.
- 6.2.4. Countries which do not have a complete team may enter individual athletes in any category.
- 6.2.5. No athlete aged less than 16 (sixteen) years on 31 December of the year of the competition may participate in the Balkan Cross Country Championships. Each athlete may only be entered in one race of the Championships, and he/she can only compete in the race for which he/she was entered.
- 6.2.6. U18 athletes (aged 16 or 17 years on 31 December of the year competition) may compete in the U20 race only.
- 6.2.7. U20 athletes (aged 18 or 19 years on 31 December of the year of the competition) may compete in the U20 race only.
- 6.2.8. U23 athletes (aged 20, 21 or 22 years on 31 December of the year of the competition) may compete in the U23 or the Senior race.
- 6.2.9. Upon arrival, Team Leaders must present the passports or other official documents of the U18, U20 and U23 athletes indicating the year of birth, for them to be photocopied by the organisers.
- 6.2.10. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics Cross Country Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 6.2.11. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics Cross Country Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.

6.2.12. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final conformation deadline can be the time of the technical meeting.

6.2.13. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete, payable to the Organising Federation.

6.3. Scoring:

6.3.1. Each race shall be scored separately. The score of each scoring athlete equals his/her placing in the race.

6.3.2. The team results shall be decided by the aggregate of placings of the best three athletes of each team. The team with the lowest total points will be the winner.

6.3.3. If a team finishes with less than three athletes, it will not be classified in the team result. The finishing athletes shall be eligible for individual ranking as well.

6.3.4. No adjustment to the placings shall be made in respect of non-scoring or individual athletes.

6.3.5. In case of a tie, it shall be resolved in favour of the team whose last scoring athlete finishes nearest to the first place.

6.4. Financial Obligations:

6.4.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 10 persons, which is 7 athletes and 3 officials in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.

6.4.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.

6.4.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any person exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.

6.4.4. The visiting delegations shall pay their travel expenses in both directions.

6.4.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.

6.4.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.

6.4.7. The host Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.

6.4.8. The travelling expenses of Balkan Athletics President, General Secretary and Technical Delegate, including a site visit, shall be covered by the BA.

6.4.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.

6.4.10. The hosting Federation will cover all expenses related to the doping control.

6.5. Awards:

6.5.1. First three placed athletes in each race shall receive medals.

6.5.2. First three placed teams of each race shall receive medals and trophies.

6.6. Ceremonies:

6.6.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.

6.6.2. An Opening Ceremony shall be held on the first day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.

6.6.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.

6.6.4. At team victory ceremonies, all athletes (including the non-scoring ones) of the first three placed teams shall mount on the podium and shall receive medals.

6.6.5. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

6.7. Doping Control:

6.7.1. No doping control shall be conducted, unless requested by the European Athletics.

6.8. Printed Materials and Announcements:

6.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of the BA General Sponsor.

6.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.

6.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.

6.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer at the venue. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.

6.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.

6.8.6. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

6.9. Insurance:

6.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

7. BALKAN ATHLETICS RACE WALKING CHAMPIONSHIPS

The Championships shall be staged on one day every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

7.1. Programme:

The categories and the distances are as follows:

U18 Girls	:	5 km
U18 Boys	:	10 km
U20 Women	:	10 km
U20 Men	:	10 km
Senior Women	:	Half-marathon, Marathon
Senior Men	:	Half-marathon, Marathon

7.2. Entries:

- 7.2.1. The Balkan Race Walking Championships is an individual competition. Team Medal tables shall be produced.
- 7.2.2. Each Regular Balkan Member may compete with two athletes per race.
- 7.2.3. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals.
- 7.2.4. No athlete aged less than 16 (sixteen) years on 31 December of the year of the competition may participate in the Balkan Race Walking Championships.
- 7.2.5. U18 athletes (aged 16 or 17 years on 31 December of the year competition) may compete in the U18 or the U20 race.
- 7.2.6. U20 athletes (aged 18 or 19 years on 31 December of the year of the competition) may compete in the U20 or the 20 km (Senior Men and Senior Women).
- 7.2.7. Only athletes aged at least 20 (twenty) years on 31 December of the year of the competition may participate in 35 km (Senior Men and Senior Women).
- 7.2.8. Upon arrival, Team Leaders must present the passports or other official documents of the U18 and U20 athletes indicating the year of birth, for them to be photocopied by the organisers.
- 7.2.9. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics Race Walking Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 7.2.10. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics Race Walking Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 7.2.11. No changes will be allowed after final entries. For each withdrawal without valid reason after the final entries the member federation will be subjected to the withdrawal fee of €10 per athlete, payable to the Organising Federation.

7.3. Financial Obligations:

- 7.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 5 persons, which is 4 athletes and 1 official in principle. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the hosting country as well.

- 7.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.
- 7.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:
For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.
- 7.3.4. The visiting delegations shall pay their travel expenses in both directions.
- 7.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.
- 7.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.
- 7.3.7. The host Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.
- 7.3.8. The travelling expenses of Balkan Athletics President and General Secretary shall be covered by the BA.
- 7.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.
- 7.3.10. The hosting Federation will cover all expenses related to the doping control.

7.4. Awards:

- 7.4.1. First three placed athletes in each race shall receive medals.

7.5. Ceremonies:

- 7.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.
- 7.5.2. An Opening Ceremony shall be held on the first day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.
- 7.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.
- 7.5.4. At team victory ceremonies, all athletes (including the non-scoring ones) of the first three placed teams shall mount on the podium and shall receive medals.
- 7.5.5. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

7.6. Doping Control:

- 7.6.1. No doping control shall be conducted unless requested by the European Athletics.

7.7. Technical Aspects:

- 7.7.1. The course must have valid certificate issued by WA/AIMS International Road Course Measurer Grade A or B.
- 7.7.2. At least (3) three World Athletics Race Walking Judges Silver or Gold Level must be appointed for the competition, preferably from 3 three different countries.

7.8. Printed Materials and Announcements:

- 7.8.1. Every kind of printed material intended for distribution to participants such as invitation letters, information notes, bulletins, competition documents, official result sheets as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo and the logo of BA General Sponsor.
- 7.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.
- 7.8.3. Whenever possible the bib numbers of the athletes shall bear the logo of the General Sponsor.
- 7.8.4. Balkan Athletics may appoint a professional announcer if considered appropriate, to carry out the event presentation in English along with the local announcer at the venue. The accommodation cost of the announcer shall be covered by the hosting federation. The international travel cost shall be covered by BA.
- 7.8.5. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

7.9. Insurance:

- 7.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

8. BALKAN ATHLETICS MARATHON CHAMPIONSHIPS

The Championships will be a part of an international marathon held in any one of the Balkan countries. It will be staged every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

8.1. Entries:

- 8.1.1. The Championships is an individual and team competition. Team Medal and Team Placing tables shall be made.
- 8.1.2. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals.
- 8.1.3. Each Regular Balkan Member may compete with two athletes per event.
- 8.1.4. No athletes younger than 20 years on 31 December of the year of the competition shall be accepted.
- 8.1.5. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics Marathon Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 8.1.6. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics Marathon Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 8.1.7. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final conformation deadline can be the time of the technical meeting.

8.2. Scoring:

- 8.2.1. Each race shall be scored separately. The score of each team is cumulative time of two best competing athletes.
- 8.2.2. If a team finishes with less than two athletes, it will not be classified in the team result. The finishing athletes shall be eligible for individual ranking as well.
- 8.2.3. In case of a tie, it shall be resolved in favour of the team whose last scoring athlete finishes nearest to the first place.

8.3. Financial Obligations:

- 8.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 3 persons, which is 2 athletes of which 1 man and 1 woman and 1 official.
- 8.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable, but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.
- 8.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.

- 8.3.4. The visiting delegations shall pay their travel expenses in both directions.
- 8.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.
- 8.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.
- 8.3.7. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.
- 8.3.8. The travelling expenses of Balkan Athletics President and General Secretary shall be covered by the BA.
- 8.3.9. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.
- 8.3.10. The hosting Federation will cover all expenses related to the doping control.

8.4. Awards:

- 8.4.1. First three placed athletes shall receive medals.
- 8.4.2. First three placed teams in overall scoring shall receive trophies.
- 8.4.3. There shall be prize money for Balkan individual classification when possible.

8.5. Ceremonies:

- 8.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.
- 8.5.2. An Opening Ceremony shall be held on the first day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.
- 8.5.3. At team victory ceremonies, all athletes (including the non-scoring ones) of the first three placed teams shall mount on the podium and shall receive medals.
- 8.5.4. At individual victory ceremonies, the first three placed athletes shall mount on the podium.
- 8.5.5. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

8.6. Doping Control:

- 8.6.1. No doping control shall be conducted unless requested by the European Athletics, but the procedures of the marathon organisers shall apply.

8.7. Technical Aspects:

- 8.7.1. The course must have valid certificate issued by WA/AIMS International Road Course Measurer Grade A or B.

8.8. Printed Materials and Announcements:

- 8.8.1. Every kind of printed material intended for distribution exclusively to the participants of the Balkan Marathon Championships as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo.
- 8.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.
- 8.8.3. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.
- 8.8.4. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.

8.9. Insurance:

- 8.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.

9. BALKAN ATHLETICS HALF MARATHON CHAMPIONSHIPS

The Championships will be a part of an international half marathon held in any one of the Balkan countries. It will be staged every year. The date shall be proposed by the candidate country and must be approved at the relevant BA Council. The competition will be staged according to the WA Competition and Technical Rules.

9.1. Entries:

- 9.1.1. The Championships is an individual and team competition. Team Medal and Team Placing tables shall be made.
- 9.1.2. There will be no out-of-competition athletes coming from Regular Balkan Member Federations. Athletes coming from Federations may participate out-of-competition if previously approved by BA General Secretary and confirmed by appointed Technical Delegate. In the case of out-of-competition athletes, they are not eligible to win medals.
- 9.1.3. Each Regular Balkan Member may compete with two athletes per event.
- 9.1.4. No athletes younger than 18 years on 31 December of the year of the competition shall be accepted.
- 9.1.5. Preliminary entries: Not later than 1 (one) month before the date of the Balkan Athletics Half Marathon Championships, each Member Federation shall send to the hosting country and to BA Headquarters a preliminary list of athletes and the numbers of accompanying officials.
- 9.1.6. Final Entries: Not later than 8 (eight) days before the date of the Balkan Athletics Half Marathon Championships each Federation shall send to the hosting country and to BA Headquarters a final list of its athletes, plus the names of accompanying officials.
- 9.1.7. Final confirmation shall be submitted to the Technical Delegate no later than 6 pm on the day before the start of the competition. Final conformation deadline can be the time of the technical meeting.

9.2. Scoring:

- 9.2.1. Each race shall be scored separately. The score of each team is cumulative time of two best competing athletes.
- 9.2.2. If a team finishes with less than two athletes, it will not be classified in the team result. The finishing athletes shall be eligible for individual ranking as well.
- 9.2.3. In case of a tie, it shall be resolved in favour of the team whose last scoring athlete finishes nearest to the first place.

9.3. Financial Obligations:

- 9.3.1. The hosting Federation shall cover the board and lodging expenses for a maximum of 2 nights of a maximum of 3 persons, which is 2 athletes of which 1 man and 1 woman and 1 official.
- 9.3.2. Accommodation for the teams should be offered as much as possible in twin rooms. Triple rooms are also acceptable, but in limited numbers. If single rooms are available, the number of single rooms per team will be distributed according to the number of team members.
- 9.3.3. Additional participants (both athletes and officials) can be entered on the cost of the respective visiting federation. Those additional participants shall benefit from a preferential fixed rate for accommodation, payable to the hosting federation as follows:

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €100 (one hundred Euros) per person per day full board accommodation.
- 9.3.4. The visiting delegations shall pay their travel expenses in both directions.

- 9.3.5. Local transportation between the hotels and the various venues related to the event, as well as transfers from the airport in case of teams travelling by plane, shall be arranged, and paid for by the hosting Federation.
- 9.3.6. A Technical Delegate shall be proposed by the hosting country and approved by Council or General secretary if previously approved by Council. The Technical Delegate will be responsible for ensuring that all technical arrangements are in conformity with the WA Rules and act as a Doping Control Delegate. In case the Technical Delegate and the hosting Federation mutually agree on a site visit before the Championships, the Delegate's board and lodging expenses shall be covered by the hosting Federation. Technical Delegate must ensure that the competition is listed in the WA Global Calendar and to make sure that the organizer sent results to EA Competition Office and WA Statistics group immediately after the competition. Technical Delegate must make sure that all Technical Aspects of the WA Rules and BA Regulations are adhered to, and Technical Delegate shall make and approve the start lists and timetable.
- 9.3.7. Balkan Athletics Championships are recognized by European Athletics and EA can appoint any additional officials as it seems necessary if previously approved by BA Council. All expenses of EA appointed persons will be covered by the hosting member federation.
- 9.3.8. The hosting Federation shall also cover the board and lodging expenses for Balkan Athletics President and/or General Secretary should they attend the event.
- 9.3.9. The BA shall cover the travelling expenses of Balkan Athletics President and General Secretary.
- 9.3.10. The hosting Federation will cover all expenses related to the doping control.

9.4. Awards:

- 9.4.1. First three placed athletes shall receive medals.
- 9.4.2. First three placed teams in overall scoring shall receive trophies.
- 9.4.3. There shall be prize money for Balkan individual classification when possible.

9.5. Ceremonies:

- 9.5.1. No display of countries' flags or national anthems shall be allowed at any ceremony including, but not limited to, Opening Ceremony, Closing Ceremony and/or Individual or Team Medal Ceremony. The host Member Federation is required to display the Balkan Athletics flag and may also display its national flag and play its national anthem during the opening ceremony.
- 9.5.2. An Opening Ceremony shall be held on the first day of the Championships. The order of the Opening Ceremony shall be at the discretion of the hosting Federation. The Opening Ceremony may include the display and/or parade of Member Federation names.
- 9.5.3. At individual victory ceremonies, the first three placed athletes shall mount on the podium.
- 9.5.4. At team victory ceremonies, all athletes (including the non-scoring ones) of the first three placed teams shall mount on the podium and shall receive medals.
- 9.5.5. No Closing Ceremony shall be held. A Closing Banquet in the evening of the competition for all participants is traditional but not compulsory.

9.6. Doping Control:

- 9.6.1. No doping control shall be conducted unless requested by the European Athletics, but the procedures of the marathon organisers shall apply.

9.7. Technical Aspects:

- 9.7.1. The course must have valid certificate issued by WA/AIMS International Road Course Measurer Grade A or B.

9.8. Printed Materials and Announcements:

- 9.8.1. Every kind of printed material intended for distribution exclusively to the participants of the Balkan Half Marathon Championships as well as the announcements during the competition shall be either in English, or in both English and in the language of the host country. All printed materials must contain the official BA logo.
 - 9.8.2. All competition related printed materials must bear the WA Ranking Competition Stamp.
 - 9.8.3. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters and to the BA statistician.
 - 9.8.4. The hosting federation shall send a full set of results immediately after the end of each competition day to BA headquarters, EA Competition office and WA statistics group.
- 9.9. Insurance:**
- 9.9.1. The participating Federations are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from Balkan Athletics competitions and during the event itself.